Rape Aggression Defense for Women

R.A.D. RAPE AGGRESSION DEFENSE SYSTEMS ®

12 Hours of Instruction Broken Into 2 Hour Blocks

March 3, 8, 15, 22, 29 and April 7
6 p.m. to 8 p.m.

Hosted by the O'Fallon Police Department

The Rape Aggression Defense Basic Personal Defense System is a national program of realistic self-defense tactics and techniques taught for women only. All courses are taught by nationally certified R.A.D. instructors.

Classes are $25 and all proceeds are donated to the Violence Prevention Center of Southwestern Illinois

Classes are for women age 16 and up.
Registration must be received by February 19 at 6 p.m.
Classes are limited to 20 participants

For more information contact the O'Fallon Police Department 618-624-4545
or

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