

# O'Fallon Public Safety

Monthly Newsletter – February 2023



The O'Fallon Fraternal Order of Police unanimously approved a \$25,000 donation to the new All Abilities Playground at the City Park at their January meeting. This all-inclusive playground is the first of its kind in the Metro East. Children from the area will learn that those who may not look, walk, or speak like them can still laugh and have fun like them when give the opportunity.



THANK YOU for the generous donations by our sponsors who own businesses and/or live within O'Fallon that enabled us to make such a generous donation.

Several OPD officers were recognized for their outstanding work in 2022 at the annual Southern Illinois Law Enforcement Commission (SILEC) / Southern Illinois Police Chief's Association (SIPCA) awards banquet.



Chief Brueggeman was sworn in as the treasurer for the SIPCA Executive Board. He will serve on the board for the next three years and will eventually serve as the President of SIPCA in 2025.

Congratulations Chief!

Officers Jason Wolf and Michael Adamson were recognized for their outstanding work on the Metro East Special Weapons and Tactics Team. As part of the Tactical Team, they participated in a hostage barricaded subject in Belleville, where the subject started shooting at the police from inside his residence. The tactical team was utilized to bring a very dangerous situation to a successful conclusion, without any injuries.







1412 Central Park Circle

Join us for Dine to Donate  
February 1, 2023 4pm-10pm  
Special Olympics Illinois



Texas Roadhouse will donate 10% of food sales for the evening to the O'Fallon PD Polar Plunge for Special Olympics! Dine in and to-go orders are included. **Be sure to tell your server you're dining to support Special Olympics!**



# Dine to Donate

Illinois Law Enforcement Torch Run for Special Olympics

Tuesday, February 21, 2023

11:00 AM – 9:00 PM

Peel Wood Fired Pizza

104 S. Cherry Street, O'Fallon, IL

Special Olympics Athletes and O'Fallon Police Officers will be at Peel Wood Fired Pizza in O'Fallon, IL during the dinner rush greeting guests and selling Torch Run merchandise.

**SHOW THIS FLYER TO YOUR SERVER**

**(Printed or on your Phone)**

Peel will donate **20%** of their sales for the **ENTIRE DAY** to Special Olympics Illinois! Dine-in and Carry-out orders apply!

**Dine-in or  
Carry-out!**

**\*Use code 2023  
for online  
orders!\***



**Special Olympics**  
Illinois





# 2023 POLAR PLUNGE CARLYLE - REGION J



As those of you who follow our social media pages know, O'Fallon Police Officers are huge supporters of the **Law Enforcement Torch Run for Special Olympics**. A new year means a fresh start to our fundraising efforts for our favorite athletes. The first big annual event is the [Polar Plunge](#)!

Several brave (or foolish) members of OPD will jump into COLD water on February 25. Fairview Heights and Troy PDs have teams also and we want to beat them! If you'd like to help us support Special Olympics Illinois, please click the link below. Click "roster," choose which team member you'd like your donation to count toward and click "support me" to enter a donation amount. We're proud to have Special Olympian and 2022 USA Games Gold Medalist [Alex Huegen](#) on our team this year, if you're undecided on who to donate to! THANK YOU!

<https://soill.donordrive.com/index.cfm?fuseaction=donorDrive.team&teamID=13356>





# **SADIE THE ARSON DOG**

**O'FALLON FIRE RESCUE HAD A VISIT TODAY FROM K-9 SADIE. SHE ATTENDED OUR FIRE SAFETY CLASS WITH BELLEVILLE FIRE CAPTAIN & CERTIFIED FIRE INVESTIGATOR, JEFF FABRIZIO.**

**SADIE IS TRAINED AND USED AT FIRE SCENES TO SNIFF FOR LIQUIDS, WHICH MAY HAVE BEEN USED TO SET FIRES.**

**THEY BOTH WERE TRAINED TOGETHER BY MAINE SPECIALTY DOGS AND THEY ARE CERTIFIED.**

**SADIE IS ENERGETIC AND LOVES BELLY RUBS AND LOVES TO WORK.**





David, a young autistic man, was brought by Station 4 by his mother, Karen. He loves fire extinguishers so Chief White and Doug Barron, showed him how to use one.



David got to take a ride in the truck and dress like a real firefighter!



# OEMS Trains an In-house Critical Incident Stress Management Team

Memorial EMS office offered a recent training that will benefit our public safety colleagues. Paramedic Patty Hefner, PD Chaplain Brad Lewis, and Regional EMS coordinator Dawn Elliot completed a course that trained them to provide critical incident stress debriefings for the department.

This in-house team will allow a faster mobilization of both formal/informal debriefings and direct connection to the peer support network. This also removes the barrier of having to speak to a stranger about difficult or traumatizing topics.

O'Fallon Public Safety continues to utilize a peer support team, consisting of members from each department who are available 24-hours a day, seven days per week. Our peer support team helps promote a positive culture by focusing on both physical and mental wellness. The health of our employees and their families is a top priority for our departments.





# OEMS Highlights Heart Health Month



American  
Heart  
Association.

OEMS wants to highlight February as national heart health awareness month. The American Heart Association recognizes February as a month of increased education and awareness.

From a practical standpoint, OEMS wants to remind all employees about the importance of CPR certification. Early high-quality CPR is usually the deciding factor in out of hospital cardiac arrests. OEMS offers monthly classes to the public to increase knowledge and preparation within our community. Feel free to recommend these classes to interested family or friends.

Looking inward, the American Heart Association recommends 1.5 hours of brisk activity weekly for baseline cardiovascular health. For first responders, sudden cardiac death is the leading cause of line of duty death for paid and volunteer firefighters in the nation. EMS and PD suffer the same risk factors of alcohol use, stressful jobs, and often interrupted sleep. A healthy diet and exercise regimen can help combat some of those risk factors that we cannot change. Use this as inspiration to get or stay heart healthy!