Rape Aggression Defense for Women



12 Hours of Instruction Broken Into 3 Hour Blocks June 11, 19, 25th and July 2nd

Hosted by the O'Fallon Police Department

The Rape Aggression Defense Basic Personal Defense System is a national program of realistic self-defense tactics and techniques taught for women only. All courses are taught by nationally certified R.A.D. instructors.

Classes are \$25 and all proceeds are donated to the Violence Prevention Center of Southwestern Illinois

Classes are for women age 16 and up.

Registration must be received by June 3rd at 6 p.m.

Classes are limited to 20 participants

For more information contact the O'Fallon Police Department 618-624-4545

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